

E.R.C.P – Endoscopic Retrograde Cholangiopancreatography

Please call 989.839.0750 if you have any questions regarding your scheduled procedure.

__ Todd Holtz, M.D.

__ Ernest Ofori-Darko, M.D.

Will be performing your procedure on _____ at _____.

**PRIOR TO YOUR PROCEDURE YOU MUST CALL POLLY AT
MIDMICHIGAN MEDICAL CENTER 989.633.5252 OR 800.367.2778 FOR PRE
PROCEDURE INSTRUCTIONS**

Preparation: In preparing for your ERCP you will need to follow these instructions. Have a regular diet for dinner the evening before procedure. If you are having your ERCP with anesthesia, you should have nothing to eat or drink after midnight.

If you are having your ERCP without anesthesia you may continue clear liquid until 7:00 am.

Clear liquids: Coffee, tea, carbonated beverages, broth, apple, grape or cranberry juice. Flavored gelatin, clear popsicles and hard candies.

On the day of your procedure:

Report to the main entrance of **MidMichigan Medical Center-Midland, 4000 Wellness Dr.** The staff will direct you to the Medical Outpatient Unit where preparation for your ERCP will be completed.

Call our office if you:

~are an insulin controlled diabetic

~have a defibrillator

~are taking Coumadin, Effient, Plavix, Pradaxa or any blood thinning product

~have a history of endocarditis (these may require antibiotics prior to your procedure)

Just before the exam, the doctor will give you a medication that will make you very sleepy and relaxed. When you are properly relaxed, the endoscope will be passed through your mouth. The tube does not interfere with your breathing. You may be asked to turn from side to side or onto your stomach during the examination; a nurse will assist you. The doctor will then complete the examination and x-rays will be taken. The procedure usually takes 60 – 90 minutes.

After the exam, you will feel sleepy due to the medication you have been given. Therefore, it is important that you be accompanied by a relative or a friend to provide the personal assistance you will need. You will not be allowed to drive home following the exam. You are advised not

to drive the remainder of the day.

Before you leave the hospital, your physician will explain the results of the exam to you .
Plan on spending about 4 – 6 hours at the hospital.

If your physician performs a sphincterotomy (a cutting of the duct to remove gallstones) you may be required to stay in the hospital for the next 23 hours as a precautionary measure to look for signs of bleeding.

What is an E.R.C.P?

ERCP is a valuable tool for the diagnosis of many disorders of the pancreas, liver and gallbladder. A flexible tube called an endoscopy will be passed through the mouth, esophagus, stomach and into the duodenum (the first portion of the small intestine). A small plastic tube (catheter) is passed through a tiny opening which leads to the pancreatic and common bile duct. A radiopaque dye is injected through the catheter and then x-rays are taken in order to study the ducts.

Written Consent is required from the patient or from the legal guardian prior to this procedure. Legal guardians may obtain the appropriate forms by calling the MMC-Medical Outpatient Department at 989.839.3784.