

Gastroenterology & Hepatology Associates of Mid-Michigan PC
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FRUCTOSE BREATH TEST

Patient Name _____

Date _____ Time _____

PATIENT PREPARATION

- Do not eat or drink for 12 hours before the exam. You may drink water up to 1 hour before the test.
- No gum chewing.
- No smoking.

Please do not wear any perfume or aftershave.

THE TEST

- The exam will last approximately 3 ½ hours.
- First you will be asked to blow into a special test tube.
- This is followed by drinking 8 ounces of the Fructose Solution.
- You will then blow into tubes every hour for three hours.
- You will not be able to eat or drink anything during the test.

Your test results will be available by calling the office one week from the date of the test.

If you have any questions please call our office at 989-839-0750.

Thank you,