



**Gastroenterology
& Hepatology**

ASSOCIATES OF MID-MICHIGAN, PC
gastroandhep.com

Endoscopy Preparation

To reschedule, cancel, comments or concerns please call: 989.839.0750

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Arrival Date: _____

__ **Great Lakes Bay Surgery & Endoscopy Center, 4228 Bay City Rd., Midland**
You will be contacted by phone 1 business day prior for your arrival time. Pre-admission instructions are located in your packet.

__ **Riecker Surgery Center, 4400 Wellness Dr., Midland— see enclosed paperwork re: calling for your arrival time and your preadmission instructions.**

__ **MidMichigan Medical Center-Midland, Main OR, 4000 Wellness Dr. Midland — see enclosed paperwork re: calling for your arrival time and your preadmission instructions.**

PREPARING FOR YOUR PROCEDURE

Call our office if you have not received instructions re:

~have diabetes

~have a defibrillator

~are taking Coumadin, aspirin or any blood thinning product

~have a heart valve replacement OR

~have a history of endocarditis (these may require antibiotics prior to your procedure)

NO SMOKING AFTER MIDNIGHT

You may have up to 8 ounces of clear liquids up to 3 hours prior to your procedure such as: water, tea, coffee (no cream), soda, clear juices (apple, white grape, etc.), Gatorade, Jell-O (without added fruit), broth or popsicles.

NOTHING BY MOUTH INCLUDING: GUM, HARD CANDIES, BREATH MINTS, OR LIQUIDS 3 HOURS PRIOR TO YOUR SCHEDULED PROCEDURE

(continued on back)

The day of your procedure you may take your medication for blood pressure heartburn-anti-reflux, anxiety or depression with a sip of water.

You will be sedated for your procedure which will impair your reflexes and judgment. Therefore, you will need to bring a responsible driver over the age of 18 as you **will not** be allowed to drive after your procedure.

What is an Endoscopy?

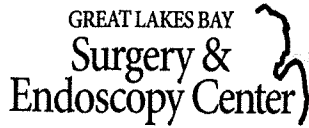
An endoscopy is the study of your esophagus (throat) and stomach using a flexible, fiberoptic tube called an endoscopy. This allows your physician to examine the lining of your esophagus for any abnormalities such as inflamed tissue, ulcers or bleeding. If necessary, the physician may perform a biopsy (a small sample of tissue that can be examined under the microscope.)

Written Consent is required from the patient or from the legal guardian prior to this procedure. Legal guardians may obtain the appropriate forms by calling the facility that will be performing your procedure.

**Great Lakes Bay Surgery & Endoscopy Center 989.495.9100
Riecker Surgery Center 989.837.9493**

After the procedure and upon discharge:

- ~ **Your physician will explain the results of the exam to you and your designated driver.**
- ~ **Do not drive or operate machinery the rest of the day.**
- ~ **Do not go to work.**
- ~ **Rest and take it easy.**
- ~ **For your safety you must have someone stay with you the remainder of the day due to the side effects of the sedation or your procedure may be canceled.**
- ~ **Do not drink alcoholic beverages.**
- ~ **Do not make critical decisions, sign legal documents or do anything that requires you to be alert and coordinated.**



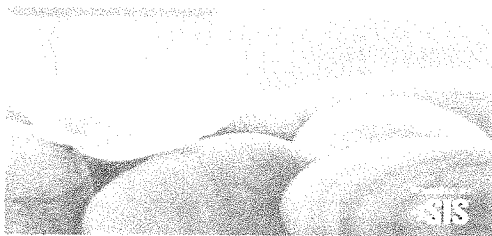
Dear Patient,

Your Doctor has scheduled you for a procedure at Great Lakes Bay Surgery and Endoscopy Center in Midland. We are located just west of US-10 on Bay City Road. Please find a map and driving directions on the reverse side of this letter.

You must bring your driver's license and insurance card to every visit.

You must have a responsible adult (18 or older) who will bring you to the Center, be available to review your discharge instructions and drive you home.

- Read and carefully follow any pre-procedure prep instructions that may be enclosed as a thorough prep is **VITAL** to a successful procedure.
- Your physician's office will schedule you for a **COVID-19 test if required** several days before your procedure/surgery. They will provide you with your results. This testing must be completed on time to prevent cancellation of your case.



Approximately a week before your procedure you will receive a text message and/or email that will provide you with a unique link that will connect you to our secure Patient Health History form on SIS Exchange. You will be able to complete the form with a computer, tablet or on a cell phone. It is important that we get this information ahead of time in order for your anesthesia provider to plan your care. For questions or if you need help to complete the form, call our Pre-Procedure Nurse at (989) 495-9100.

We will call you the day before your procedure by NOON to confirm your appointment time. If you do not hear from us, please call us.

Please call (989) 495-9100 with any questions regarding your procedure. Our website provides additional information about our services - www.glbsurgery.com.

Great Lakes Bay Surgery and Endoscopy is open Monday-Friday from 6:30 am - 4:30 pm. We appreciate the opportunity to partner with your physician to provide you with excellent care.

The Great Lakes Bay Surgery and Endoscopy Team

DIRECTIONS:

East (Bay City)

Take US-10 west to Bay City Rd. exit, turn left at W. Midland Rd. which turns into Bay City Rd.

West (Mt. Pleasant)

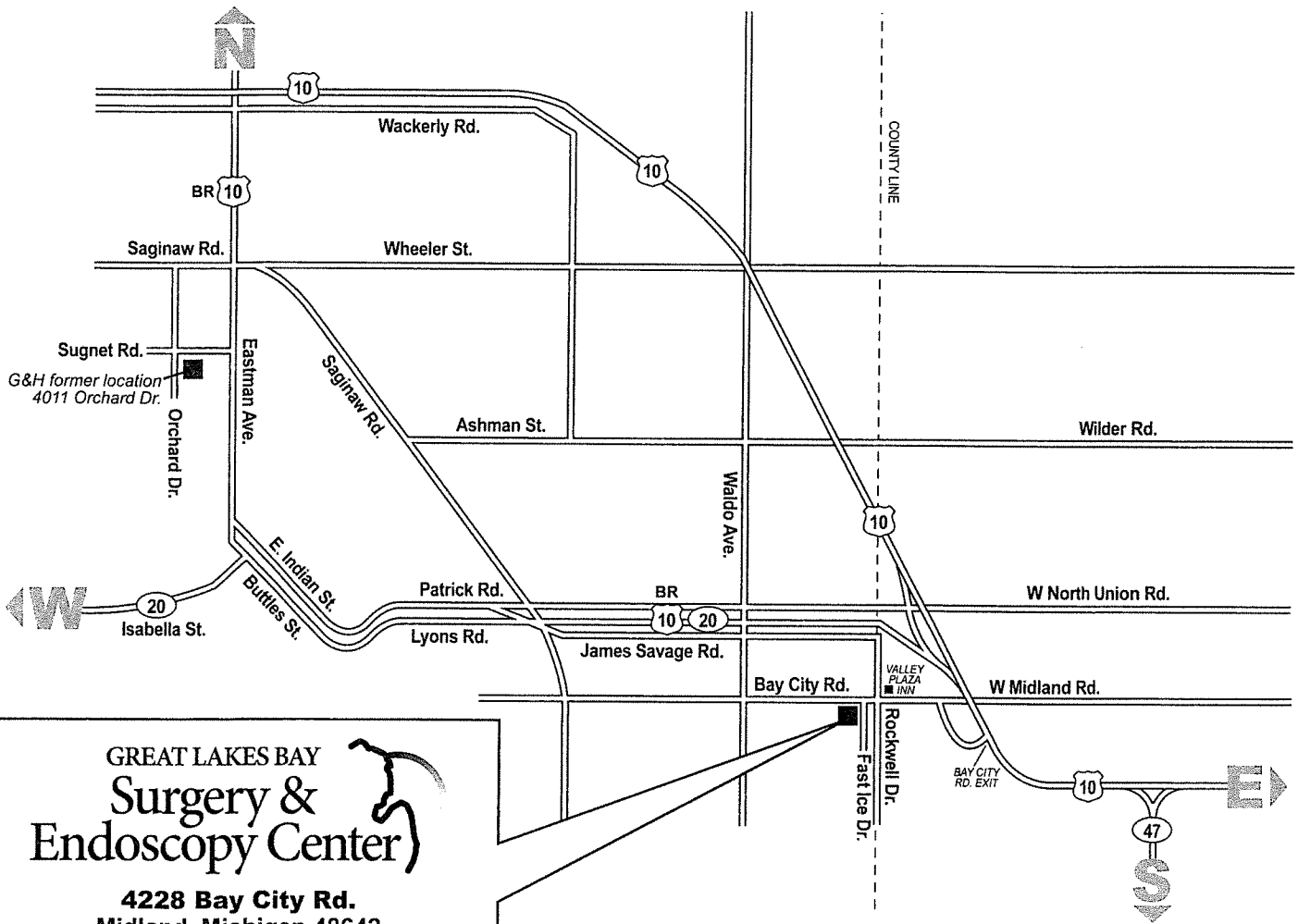
M-20 east, right at Buttles St./US-10 Business. Buttles St. turns into Lyons Rd. Continue to take US-10 Business east toward Bay City Rd. exit. Merge onto US-10 east, take Midland exit toward Bay City Rd. Turn left at W. Midland Rd. which turns into Bay City Rd.

South (Saginaw)

Take Midland Rd./M-47 north, exit onto US-10 west toward Midland, exit to Bay City Rd., turn left at W. Midland Rd. which turns into Bay City Rd.

North (Sanford)

US-10 east toward Bay City. Take Midland exit toward Bay City Rd. Turn left at W. Midland Rd. which turns into Bay City Rd.



GREAT LAKES BAY
Surgery & Endoscopy Center

4228 Bay City Rd.
 Midland, Michigan 48642
 Phone 989.495.9100 • Fax 989.495.9150

