



Gastroenterology  
& Hepatology  
ASSOCIATES OF MID-MICHIGAN, PC

## ENDOSCOPY PREPARATION

Please call 989.839.0750 if you have any questions regarding your scheduled procedure.

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\_\_ Karen F. Huang, D.O., FACOI

Arrival Date: \_\_\_\_\_

\_\_ Great Lakes Bay Surgery & Endoscopy Center, 4228 Bay City Rd., Midland – see attached paperwork re: calling for your Arrival Time

\_\_ Riecker Surgery Center, 4400 Wellness Dr., Midland – see attached paperwork re: calling for your Arrival Time

## PREPARING FOR YOUR PROCEDURE

Call our office if you:

~have diabetes

~have a defibrillator

~are taking Coumadin, aspirin or any blood thinning product

~have a heart valve replacement OR

~have a history of endocarditis (these may require antibiotics prior to your procedure)

**NO SMOKING AFTER MIDNIGHT+++NO SOLID FOOD AFTER MIDNIGHT,**  
however, you may have up to 8 ounces of clear liquids up to 3 hours prior to your procedure such as: water, tea, coffee (no cream), soda, clear juices (apple, white grape, etc.), Gatorade, Jell-O (without added fruit), broth or popsicles.

**NOTHING BY MOUTH INCLUDING: GUM, HARD CANDIES, BREATH MINTS, OR LIQUIDS 3 HOURS PRIOR TO YOUR SCHEDULED PROCEDURE**

*(continued on back)*

**The day of your procedure you may take your medication for blood pressure heartburn-anti-reflux, anxiety or depression with a sip of water.**

You will be sedated for your procedure which will impair your reflexes and judgment. Therefore, you will need to bring a responsible driver over the age of 18 as you **will not** be allowed to drive after your procedure.

## **What is an Endoscopy?**

**An endoscopy is the study of your esophagus (throat) and stomach using a flexible, fiberoptic tube called an endoscopy. This allows your physician to examine the lining of your esophagus for any abnormalities such as inflamed tissue, ulcers or bleeding. If necessary, the physician may perform a biopsy (a small sample of tissue that can be examined under the microscope.)**

**Written Consent** is required from the patient or from the legal guardian prior to this procedure. Legal guardians may obtain the appropriate forms by calling the facility that will be performing your procedure.

**Great Lakes Bay Surgery & Endoscopy Center 989.495.9100  
Riecker Surgery Center 989.837.9493**

**After the procedure and upon discharge:**

- ~ Your physician will explain the results of the exam to you and your designated driver.**
- ~ Do not drive or operate machinery the rest of the day.**
- ~ Do not go to work.**
- ~ Rest and take it easy.**
- ~ For your safety you must have someone stay with you the remainder of the day due to the side effects of the sedation or your procedure may be canceled.**
- ~ Do not drink alcoholic beverages.**
- ~ Do not make critical decisions, sign legal documents or do anything that requires you to be alert and coordinated.**



Dear Patient,

Your Doctor has scheduled you for a procedure at Great Lakes Bay Surgery and Endoscopy Center in Midland. We are located just west of US 10 on Bay City Road. Please find a map and driving directions on the reverse side of this letter.

1. **You are to bring your driver's license and insurance card, as well as, a responsible adult (18 or older) who must remain on site until you are discharged and will drive you home.**
  - Read and carefully follow any prep instructions that may be enclosed as a thorough prep is **VITAL** to a successful procedure.
  - The "Patient Rights and Responsibilities" booklet provides important information for your knowledge including the center's ownership, your rights and responsibilities as a patient, and information about Advanced Directives.
  
2. **Please complete your on-line medical history form - Simple Admit - as soon as possible or at least one week prior to your procedure.**
  - Go to our secure website: [www.glbsurgery.com](http://www.glbsurgery.com).
  - Follow the link in **Complete Your Medical History Now** box.
  - Enter this registration password: **GLBSEC222NEW** to begin.

It is important that we get this information ahead of time so that your anesthesia provider can plan your care. For questions call (989) 495-9100.
  
3. **Please call us at 989-495-9100 two (2) business days before your scheduled date to receive your arrival time for the procedure - call between 1:00pm and 3:00pm.**

Great Lakes Bay Surgery and Endoscopy is open Monday-Friday from 6:30 am - 4:30 pm. Our website provides additional information about our services - [www.glbsurgery.com](http://www.glbsurgery.com).

We appreciate the opportunity to partner with your physician to provide you with excellent care.

*The Great Lakes Bay Surgery and Endoscopy Team*

# DIRECTIONS:

## East (Bay City)

Take US-10 west to Bay City Rd. exit, turn left at W. Midland Rd. which turns into Bay City Rd.

## West (Mt. Pleasant)

M-20 east, right at Buttles St./US-10 Business. Buttles St. turns into Lyons Rd. Continue to take US-10 Business east toward Bay City Rd. exit. Merge onto US-10 east, take Midland exit toward Bay City Rd. Turn left at W. Midland Rd. which turns into Bay City Rd.

## South (Saginaw)

Take Midland Rd./M-47 north, exit onto US-10 west toward Midland, exit to Bay City Rd., turn left at W. Midland Rd. which turns into Bay City Rd.

## North (Sanford)

US-10 east toward Bay City. Take Midland exit toward Bay City Rd. Turn left at W. Midland Rd. which turns into Bay City Rd.

**GREAT LAKES BAY  
Surgery &  
Endoscopy Center**

**4228 Bay City Rd.**  
Midland, Michigan 48642  
Phone 989.495.9100 • Fax 989.495.9150

